

Freestyle DAILY



7-Night Hawaii Cruise
Sunday, October 10, 2004
Honolulu, Oahu, Hawaii

Sunrise 6:26 AM
Sunset 6:11 PM
Suggested Attire: Resort Casual

TODAY'S TOP ACTIVITIES

ALOHA KAKOU, E KOMO MAI!

We would like to welcome you aboard the *Pride of Aloha*. Your Captain, *Kjell Nesheim*, your Hotel Director, *Christian Deniel* and your Cruise Director, *Jimmy Kovel*, hope you have a wonderful cruise, and the vacation of a lifetime.

WELCOME ABOARD!

WELCOME ABOARD!

Welcome to NCL America and *Pride of Aloha*, the newest addition to the NCL family. Our U.S. flagged ships with U.S. crews that will sail primarily from Hawai'i combine the spirit of Aloha, the freedom of Freestyle Cruising and a world of year-round cruising choices in Hawai'i. What exactly is *Freestyle Cruising*? *Freestyle Cruising* gives you the choice of how to spend your vacation. Apart from being a cruising vessel, *Pride of Aloha* is also a floating resort. When you go to a resort on land, nobody tells you exactly when you can eat, where you can eat and with whom you can eat. With *Freestyle Cruising*, the choice is yours. Every night of the cruise you can eat at a different restaurant. Our goal is to give you the variety that you deserve on your vacation. Not only do we offer a wide variety of cuisine & places to dine, we also invite you to choose from a variety of excellent entertainment, and enjoy the relaxed, resort-casual dress code. *Pride of Aloha* is truly a unique vessel. In June of 2004, the ship completed a multi-million dollar refurbishment, to create the first ship in the NCL America fleet. On June 7th, she was officially re-flagged, and the adventure has begun! Enjoy your cruise!

1:00PM-4:15PM & 5:30PM-9:00PM SHORE EXCURSION DESK
Helicopters are the only way to see Kauai! Waimea Canyon, Wailua River, Napali Coast and the North Shore are not to be missed! By land, sea and air we have it all. **Tours sell out fast!** Deadline for booking Kauai tours is 9pm!
Aloha Atrium, Deck 5, Mid & Blue Hawaii, Deck 6, Mid

1:00PM-10:00PM MANDARA SPA, SALON, & FITNESS CENTER
Experience the Eastern and Western Exotic Spa Therapies *unique* to Mandara Spa selected for you from across the globe. Book your appointments early for tomorrow's Formal Optional evening.
Mandara Spa, Salon & Fitness Center, Deck 11, Fwd

1:30-3:30PM ONBOARD SERVICES FAIR
Come view the fabulous amenities the *Pride of Aloha* has to offer. Our showcase of services includes the NCL Golf Hawaii Shop, Mandara Spa, Internet Café, Galleria Gift Shops and more!
Galleria Gift Shops Deck 7, Aft

4:30PM MANDATORY EMERGENCY LIFEBOAT DRILL
Before we set sail we must first complete a United States Coast Guard Mustering. This is a mandatory drill for all guests and all services will be closed during this drill.
Promenade Deck, Deck 6

5:15PM HAWAII PORT BRIEFING
Join your Port & Cruise Consultant *Linda*, as she covers important information about going ashore Kauai, Hilo, Kona, and Maui.
Stardust Theatre, Deck 6 Aft

6:00PM-10:00PM SAIL AWAY PARTY
The Poolside on Deck 11 is the best place to view our sail-away from Honolulu, Oahu. Music provided by the *Aloha Kings!* Meet your *Cruise Director*, *Hawaiian Ambassador*, and your *Cruise Director's Staff* at 7:45pm, and a BBQ dinner will be served from 5:00pm-8:00pm.
Poolside, Deck 11

6:00PM-11:00PM GALLERIA SHOPPING
WIN BIG! SPIN OUR WHEEL OF SAVINGS! For a chance to save up to 50% off for a minimum purchase of \$25.00 in our Galleria Gift Shop, Deck 7, or on an item of your choice in the Black Pearl Gem Co. and the Galleria Fine Jewelry, both located on Deck 6
Galleria Gift Shops, Deck 6, Mid & Deck 7, Aft

8:00PM WELCOME ABOARD BASH!
Put on your dance shoes and come out and dance the night away with your *Cruise Director's Staff!*
Blue Hawaii Night Club, Deck 6, Mid



"Swing" by NCL
America's Golf Hawaii
Shop - the first Golf
Shop at sea!
Open: 1:00pm-4:30pm,
5:30pm-10:00pm
Deck 7, Mid

M/S Pride of Aloha MANAGEMENT:

Master:	Captain Kjell Nesheim	Front Office Manager:	Barrett Winning
Staff Captain:	Dave Turner	Executive Chef:	Gordon Etburn
Chief Engineer:	Richard McPhail	Port & Cruise Consultant:	Linda Scott
Hqtel Director:	Christian Deniel	Assistant Hotel Director:	Holly Weberg
Cruise Director:	Jimmy Kovel	Shore Excursion Manager:	Nicci Chevalier

CRUISE DIRECTOR'S STAFF:

Hawaiian Ambassador:	Kamana'opono Hattori	Technical Supervisor:	Terry Koch
Cruise Staff Supervisor:	Shona Blair	Production Company Manager:	Mary Haddad
Cruise Staff Administrator:	Melissa McMurrey	Lead TV Coordinator:	Dale Santos
Youth Program Supervisor:	Genoa Wall	Band Master:	Dean Fransen

ITINERARY:

Sunday	Resort Casual	Honolulu, Oahu	Thursday	Semi-Formal	Kona, Hawaii
Monday	Formal Optional	Nawiliwili, Kauai	Friday	Resort Casual	Kahului, Maui
Tuesday	Resort Casual	Nawiliwili, Kauai	Saturday	Resort Casual	Kahului, Maui
Wednesday	Resort Casual	Hilo, Hawaii	Sunday	Resort Casual	Honolulu, Oahu

WELCOME ABOARD THE PRIDE OF ALOHA

ALOHA AUINALA (GOOD AFTERNOON)

Nautical Terms: Fwd=(Forward) Front of the ship, Aft=Back of the ship, Mid=(Midship) Middle of the ship, Port=Left side of the ship, Stbd=(Starboard) Right side of the ship, Tender=Boat, Gangway=Ramp

PRICES SUBJECT TO SALES TAX WHEN REQUIRED BY LAW

WHERE TO HAVE LUNCH	1:00pm-4:00pm 1:00pm-4:00pm	Lunch Buffet Lunch Buffet	Hukilau Café, Deck 11, Aft Hukilau Lanai, Deck 11, Aft
Open 24 hours	Visit the Internet Café - EMBARKATION INTERNET SPECIAL! Deck 7, Mid Purchase an Internet Time Plan TODAY and receive up to 20 additional minutes FREE! Enter the raffle for your chance to win 100 free minutes! Now offering WIRELESS access with your own laptop computer or rent one of ours. Ocean News Daily newspaper service! Order today's newspaper in an 11x17 inch format from your cabin steward, Front Office, or at the Internet Café. <i>If you do not wish for your child to have Internet access, please see your Internet Manager.</i>		
Continuous	Video: "Hidden Hawaii" Kumu Cultural Center, Deck 7, Mid		
Noon - continuous	<i>Watch channel 24 for information on all your upcoming ports of call.</i> Channel 24, stateroom TV		
Noon-4:00pm	Reservations are being taken for all Specialty Restaurants Call #31214 or Atrium, Deck 5, Mid Stop by and make your reservations for the Royal Palm Bistro, Kahili, or Pacific Heights.		
1:00pm-4:15pm	SHORE EXCURSION DESK is OPEN Aloha Atrium, Deck 5, Mid Check out all the exciting tours we have to offer throughout the Hawaiian Islands. Book today to avoid "sold-out" disappointments. Deadline for booking Kauai, Day 1, is 9:00pm tonight! Avoid long lines and come see us in the Blue Hawaii Deck 6, Mid.		
1:00pm-4:15pm	GOLF HAWAII SHOP is OPEN Golf Hawaii Shop, Deck 7, Mid Swing by the Pride of Aloha's newest endeavor, Golf Hawaii. Our unique golf shop at sea offers quality apparel and golf accessories. Find out about the Golf Hawaii program that offers a chance to play golf at some of Hawaii's best courses.		
1:00pm-10:00pm	MANDARA SPA & SALON is OPEN - Dial #29 or visit Mandara Spa, Deck 11, Fwd Traveler's Tension Massage -back, neck & shoulders \$69. Relieve all that tension from your journey and start your cruise in a relaxed mood.		
1:30pm-3:30pm	ONBOARD SERVICES FAIR Galleria Gift Shop, Deck 7, Mid Come check out all the exciting services that the Pride of Aloha can offer you for the next 7 days!		
1:30pm-3:30pm	GALLERIA GIFT SHOPS are OPEN! Galleria Gift Shop, 7, Aft		
2:00pm-4:00pm	Fitness Center Tours: Mandara Fitness & Aerobics Center, Deck 11, Fwd Discover the NEW <i>reBALANCE</i> Fitness Program & Facilities.		
2:30pm	Guided Ship Tour with your <i>Cruise Director's Staff</i> Meet in the Atrium Bar Deck 7, Fwd		
4:30pm	U.S. COAST GUARD EMERGENCY BOAT DRILL Public Address System This is a mandatory drill and all guest services will cease until the drill is completed.		
5:00pm	GYMNASIUM & FITNESS CENTER OPENS Fitness & Aerobics Center, Deck 11, Fwd Anti-Cellulite solutions Consultation- Reduce the appearances of cellulite now. What stage are you in? Find out now!! \$15.00 Make your reservations now in the fitness center!		

ALOHA AHIAHI (GOOD EVENING)



MUSICAL ENTERTAINMENT

Elua Honu 5:00pm-6:00pm & 6:15pm-7:00pm	Hawaiian Songs (Weather Permitting)	Poolside Deck 11, Mid
Elua Honu 8:00pm-9:00pm	Hawaiian Song & Story	Outrigger Lounge Deck 11, Fwd
Charles Nahale 8:00pm-8:45pm & 9:00pm-Close	Hawaiian Guitar & Vocals	Plantation Club Deck 12, Aft
Aloha Kings 7:00pm-7:45pm, 8:00pm-8:45pm, 9:00pm-10:00pm	Sail Away Sounds	Poolside Deck 11, Mid
Dr. Dean 9:00pm-Close	Piano Bar Entertainer	Captain Cook's Bar Deck 6, Mid
DJ Chris 10:00pm-Close	Dance and Club Music	Blue Hawaii Night Club Deck 6, Mid

Guests must be 18 years of age or older Hawaii after 11:00pm.

DINING & ENTERTAINMENT

5:15pm	HAWAII PORT BRIEFING Join your Port & Cruise Consultant <i>Linda</i> , as she covers important information about going ashore in all of our ports of call.	Stardust Theatre, Decks 6 & 7, Aft
5:30pm	Guided Ship Tour with your <i>Cruise Director's Staff</i>	Meet in the Atrium Bar Deck 7, Fwd
5:30pm-9:00pm	HUKILAU CAFE presents: STAR-SPANGLED BUFFET!	Hukilau Cafe, Deck 11, Aft
5:30pm-9:00pm	SHORE EXCURSION DESK is OPEN Get ready to explore Kauai! Book your tours now as tours sell out fast... deadline is 9:00pm tonight!	Aloha Atrium, Deck 5, Mid
5:30pm-10:00pm	GOLF HAWAII SHOP is OPEN Swing on into the Golf Hawaii Shop to book tee times at all the best courses that Hawaii has to offer. Sign up for golf at Kauai's Poipu Bay, the site of the PGA Grand Slam of Golf!	Golf Hawaii Shop, Deck 7, Mid
6:00pm	Friends of Bill W.	Chapel, Deck 7, Atrium
6:00pm-7:00pm	Library is open for book, card and game check out	Library, Deck 6, Aft
7:00pm-8:00pm	Teen Orientation-Come Register (13-17 years)	Teen Club, Deck 7, Fwd
7:00pm-8:00pm	Parent Orientation - Register your kids in our Kids Crew (2-12 years)	Kids Korner, Deck 7, Fwd
6:00pm-8:00pm	MANDARA SPA & SALON OPEN HOUSE Open House - You are cordially invited to the Mandara Spa Open House this evening from 6:00pm-8:00pm. Complimentary Champagne will be served.	Mandara Spa, Deck 11, Fwd
6:00pm-10:00pm	SAIL AWAY PARTY Join us for music, BBQ 5pm-8pm, and loads of fun. At 7:45pm, meet your <i>Cruise Director, Jimmy Kovel</i> , your <i>Hawaiian Ambassador Kamana'o</i> , & your <i>Cruise Director's Staff</i> . View our sail away from Honolulu, with cool Hawaiian tunes provided by the <i>Aloha Kings!</i>	Poolside, Deck 11, Mid
6:00pm-11:00pm	GALLERIA GIFT SHOPS ARE OPEN! Our in store Credit Card Requires no down payment, has no payments or interest for 13 months!	Aloha Atrium, Deck 6 & 7, Fwd
7:30pm	ALL ABOARD The <i>Pride of Aloha</i> is preparing to set sail for <i>Nawiliwili, Kauai</i> .	
8:00pm-10:00pm	Free Arcade Play- Come check out our arcade for free one night only! <i>*Not available on all games</i>	Arcade, Deck 7, Mid
8:00pm-10:00pm	ART GALLERY Come by the Art Gallery, Located inside the Galleria shops, to pre register for our Champagne Art Auction. Everyone who attends who attends will receive a Free work of Art valued at \$100.00, Just for pre-registering!!	Galleria Shops, Deck 7, Aft
8:00pm-11:00pm	PHOTO GALLERY is OPEN - Embarkation Photos on display! Purchase an unlimited photo package today for \$199.99 and receive a free NCL Souvenir Photo Album	Photo Gallery, Deck 6, Aft
8:30pm-10:00pm	KRAZY KARAOKE with your <i>Cruise Director's Staff</i> Karaoke Drink Special: High Balls & Cocktails call brand only \$4.25	Blue Hawaii Night Club, Deck 6, Mid
9:00pm	Singles Social	Plantation Club, Deck 12, Aft
9:00pm	CHAMPAGNE GRAND OPENING! Join us as we celebrate the Grand Opening of the Black Pearl Gem Company Store!	Black Pearl Gem Company, Deck 6, Atrium
10:00pm	\$5000 OF FREE ART IN 10 MINUTES See Joshua, your Art Auctioneer, give away \$5000 in art in only 10 minutes! Miss this and miss out!!	Galleria Shops, Deck 7, Aft
10:00pm	WELCOME ABOARD BASH! with your <i>Cruise Director's Staff</i> . Put on your Dance shoes and prepare to dance the night away!	Blue Hawaii Night Club, Deck 6, Mid



"Swing" by NCL America's Golf Hawaii Shop - the first Golf Shop at sea! Learn about our Golf Hawaii program and check out the latest equipment and apparel from Callaway. Deck 7, Mid

If you drink sodas, the NCLA Unlimited Soda Program is for YOU! Drink *unlimited* fountain sodas **ALL CRUISE** for \$28.50. See your friendly bar staff for details. (Kids soda program for 12 and under also available for \$16.00)

FREESTYLE SUGGESTED WINES & BEVERAGE PROMOTIONS

White: *Fumé Blanc, Ferrari-Carano, Sonoma County, CA*
Gewürztraminer, Dopff & Irion, Alsace France

Bottle - \$28.00 Glass - \$6.00
Bottle - \$27.00 Glass - \$5.95

Drink of the Day: "Fruit Bowl" \$6.95
Souvenir glass yours to keep!

Red: *Merlot, Meridian, California*
Cabernet Sauvignon, St. Francis, Sonoma, CA

Bottle - \$27.00 Glass - \$5.95
Bottle - \$29.00 Glass - \$6.25

Non-Alcoholic Smoothie: "Blueberry"
with Alcohol \$7.50 - Non-Alcohol \$5.50

Champagne: NCL America Private Label - California Glass \$5.00 Bottle \$22.00 per bottle

As per NCL America policy, all alcoholic beverages purchased ashore will be secured on-board & picked up on the last day of the cruise.

FREESTYLE DINING

24-Hour Service Room Service (Decks 4 - 8) Dial #27
Room Service (Decks 9 & 10) Dial #28

Freestyle Lunch, Afternoon:

1:00pm-4:00pm Lunch Buffet Hukilau Café, Deck 11, Aft
1:00pm-4:00pm Lunch Buffet Hukilau Lanai, Deck 11, Aft

Freestyle Dinner, Evening:

5:00pm-8:00pm BBQ by the pool (Weather permitting) Poolside, Deck 11, Mid
5:30pm-9:00pm STAR-SPANGLED Buffet Hukilau Café, Deck 11, Aft
5:30pm-10:00pm Dinner Crossings Restaurant, Deck 5, Mid
3:00pm-3:30am Lite Fare Menu Longboard Bar, Deck 11, Aft

Please Note: There is a risk associated with consuming raw oysters or animal protein especially if you have a chronic illness or immune disorder. If you are unsure of your risk, consult a physician.

SPECIALTY RESTAURANTS

Enjoy an intimate alternative dining experience. Reservations are necessary and can be made by dialing the Reservations Desk at #31214 or visiting the Reservations Desk at the Aloha Atrium on Deck 5 until 4:00pm. After 5:30pm, you may make reservations by dialing the restaurant numbers of your choice. All reservations will be held for 15 minutes.

Dinner:

6:00pm-Close Pacific Heights Pacific Rim Cuisine #31411 Deck 11, Aft
6:00pm-Close Royal Palm Bistro Mediterranean Cuisine #31418 Deck 12, Aft
6:00pm-Close Kahili Restaurant Fine Italian Cuisine #26 Deck 5, Mid
Entrance between Blue Hawaii Night Club & Captain Cook's Bar, Deck 6, Mid

A Cover Charge of \$12.50 per person applies in the Pacific Heights Restaurant

A Cover Charge of \$15.00 per person applies in the Kahili Restaurant

A Cover Charge of \$15.00 per person applies in the Royal Palm Bistro.

BAR OPENING HOURS

*** Gratuity not included on Bar Checks.

1:00pm-Close Breakers Bar inspired by the Hawaiian Beaches Deck 11, Aft
1:00pm-Close Hukilau Lanai Bar a gathering to celebrate a feast Deck 11, Aft
1:00pm-Close Aloha Atrium inspired by original Hawaiian cruise era Deck 7, Mid
1:00pm-Close Longboard Bar inspired by Hawaiian aquatic sports Dk 11, Aft, Port
5:00pm-Close Plantation Club Themed around Hawaiian Plantation era Deck 12, Aft
5:00pm-Close Captain Cook's Bar from the Hawaiian pirate era Deck 6, Mid
5:00pm-Close Outrigger Lounge inspired by pioneering Polynesians Deck 11, Fwd
8:00pm-Close Blue Hawaii Night Club local Hawaiian dance club Deck 6, Mid

GUEST SERVICES

Open 24 hours	Reception Desk	Atrium, Deck 5, Mid
Open 24 hours	Mandara Fitness Ctr,	Dk 11, Fwd
Open 24 hours	Internet Access	Deck 7, Mid
Open 24 hours	Video Arcade	Deck 7, Mid
8:00am-Midnight	Pools	Deck 11, Mid
8:00am-Midnight	Hot Tubs	Deck 11, Mid
1:00pm-4:15pm	Shore Excursion Desk	Deck 5, Mid
1:00pm-4:30pm	Golf Hawaii Shop	Deck 7, Mid
1:00pm-10:00pm	Mandara Spa & Salon	Deck 11, Fwd
1:30pm-3:30pm	Galleria Shops	Deck 7, Aft
1:30pm-4:30pm	Internet Mgr. on Duty	Deck 7, Mid
5:00pm-5:30pm	Medical Center	(Phone #24)
5:30pm-9:00pm	Shore Excursion Desk	Deck 5, Mid
5:30pm-10:00pm	Golf Hawaii Shop	Deck 7, Mid
6:00pm-11:00pm	Galleria Shops	Deck 7, Aft
7:00pm-10:00pm	Internet Mgr. on Duty	Deck 7, Mid
8:00pm-10:00pm	Art Gallery	Galleria, Deck 7, Aft
8:00pm-11:00pm	Photo Gallery	Deck 6, Aft

Emergencies: Dial 911

Advisory: Consumption of alcoholic beverages requires the minimum age of 21.

Corkage Fee: A \$10.00 corkage fee per bottle applies to wines not purchased from NCL America.

Ship Announcements: TV Channel 26.

Evening Attire: Resort Casual No Jeans, Shorts, T-Shirts or Athletic Wear in the Main & Specialty Restaurants after 5:30pm except in the Hukilau Café.

Jacuzzis: Glasses & bottles are not permitted

Reception Desk: Open 24 hours, The Aloha Atrium, Deck 5, Phone #20. Motion Sickness Tablets, Faxes, and Band-Aids available. Cash transactions between 7am-11pm only.

Safety: The use of open flame items or any type of heating element such as candles, incenses, irons, and water heaters is strictly prohibited. All Sports Play is done at your own risk. No jogging between 9:00pm and 8:00am. Decks are slippery when wet.

Sharps Containers: If you are in need of disposing any kind of needles, please pick up a sharps container at the Reception desk, Deck 5 or the Medical center - Deck 3.

Smoking Policy: No smoking in any dining

Vacuum Toilets: Our system is the best for water conservation & protection of the environment. Do not flush cloth, metal, sanitary napkins or plastic, as this will cause blockage with direct results to your toilet and up to 50 other toilets on the same vacuum line!

Environmental Hotline: To report incidents or area or the Stardust Theatre. Pipe & Cigar smoking are not permitted indoors except in Captain Cook's Cigar Bar.

Tobacco: You must be 18 years or older to purchase cigarettes and other tobacco products.

Wake Up Calls: Phone *99. Wait for voice prompt. Press 1. Enter the time using a 24 hour clock. i.e. 0700 Hang up. To cancel dial #99. Environmental problems, contact the reception desk by dialing 20, or call our hotline 1-877-501-5976 or email semshotline@ncl.com

